

# Adverbs of Frequency

## Exercise 1.

- Write your daily routine using adverbs of frequency.

1. Sometimes I wake up at 5:30 or 6:00 am
2. Then I usually take a shower
3. I always change and put on my uniform
4. Sometimes I put my hair up
5. I often put make up on
6. Usually I eat breakfast at 6:20 am
7. I always take my backpack and lunch bag to go to school
8. Sometimes after school I go to my grandma's house to eat
9. Often I change to comfy clothes.
10. Usually after that I do homework
11. Sometimes I eat dinner at 8:30 or 9:00 pm
12. I always brush my teeth before going to bed
13. Often when I go to bed I watch TV and fall asleep

## Exercise 2.

- Write 5 questions using how often?
- Then exchange the questions with a classmate.

1. How often do you visit your grandparents?  
R= I visit my grandparents once a month.

2. How often do you brush your teeth?  
R= I brush my teeth four or five times a day

3. How often do you do homework?  
R= I do my homework every day.

4. How often do you go shopping?  
R= I go to shopping every month.

5. How often do you go to school?  
R= I go to school every day.